

# HANDOUT

## 5.4. Walking in someone else's shoes

### ARE YOU EMPATHETIC?

Read each item below.

Circle "yes" if the statement describes you or "no" if it does not.

I often think of other people's feelings.



I do not make fun of other people because I can image what it feels like to be in their shoes.



I listen to others about what they are going through.



I try to understand other people's point of view.



I am aware that different people react to the same situation in different ways.



When I listen to others, I try not to interrupt the speaker.



When I talk to other people I often ask them questions about their opinions and feelings.

